

LUNCH WEEK 1



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

MAIN MEAL #ONE

Classic Macaroni Baked in a rich Cheese Sauce and cooked to perfection

Pork Sausages Served with Chive Mashed Potato, Seasonal Vegetables & Gravy

Roast Turkey with Sage & Onion Stuffing Served with Roast Potatoes & a Medley of Vegetables

Chef's Curry Served with Rice & Mango Chutney

Battered Fillet of Fish served with Chips, Peas or Beans & Tartare Sauce

MAIN MEAL #TWO

A choice of meat & veggie toppers, served with house salad & coleslaw

Plant Based Vegetable Wellington, served with Mashed Potato, Seasonal Vegetables

Red Pepper & Cheese Frittata

Butternut Squash, Chickpea & Potato Curry

American Tex Mex Tacos

HANDHELD In The Pod

Authentic Pizza Slice

Authentic Pizza Slice

Authentic Pizza Slice

Authentic Pizza Slice

Authentic Pizza Slice

BOWLED OVER In The Pitstop

Chilli Beef & Nachos

Noodle Street

Mac 'n' Cheese

Chef's Curry

Sausage & Chips

DESSERTS

Lemon Drizzle

Chocolate Sponge with Custard

Oaty Fruit Crumble

Eve's Pudding

Chocolate Chip Shortbread

caterlink
feeding the imagination

SOUPS

Come and try our range of soups available. Varying daily and providing healthy options to you all!

ALLERGIES

PLEASE SPEAK TO OUR STAFF MEMBERS IF YOU HAVE ANY ALLERGIES AND NEED TO KNOW WHAT IS WITHIN EACH OF OUR DISHES. THEY WILL ADVISE YOU ON YOUR AVAILABLE FOOD CHOICES.

JACKET STATION

Sweet potatoes and Jacket potatoes with various fillings on offer including; cheddar cheese, baked beans and tuna with mayonnaise

Bowled Over

Pasta / rice / noodles served daily with different toppings!

meal Deals £2.50

VEGAN OPTIONS AVAILABLE DAILY!

THE UPROOTED KITCHEN

LUNCH WEEK 2



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

MAIN MEAL #ONE

Hearty Meatball Goulash
Served with Herby Rice & Seasonal Vegetables

Marinated Chicken Thigh served with Spicy Rice, Sweetcorn & Slaw



Roasted Gammon Roast Potatoes Seasonal Vegetables & Gravy

Stir Fry Chicken with Noodles

Breaded Fish Fingers Served with Chips, Peas or Beans & Tartare Sauce

MAIN MEAL #TWO

Vegetable Pasta Bake

Classic Ratatouille



Smokey Vegetable Enchilada Served With Coleslaw



Black Bean Noodles & Stir Fried Vegetables

Vegan Bolognaise Served with Garlic Bread

HANDHELD

In The Pod

Authentic Pizza Slice

Authentic Pizza Slice

Authentic Pizza Slice

Authentic Pizza Slice

Authentic Pizza Slice

BOWLED OVER

In The Pitstop

Meatballs in Tomato Sauce Served with Pasta



Loaded Wedges with Peri-Peri Chicken



Mac 'n' Cheese



Katsu Chicken Served with Rice



Sausage & Chips



DESSERTS

Apple Pie

Syrup Sponge

Fruit Crumble

Jam Sponge

Oatmeal Cookie

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Bowled Over

Pasta / rice / noodles served daily with different toppings!

meal Deals £2.50

VEGAN OPTIONS AVAILABLE DAILY!



LUNCH WEEK 3



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

MAIN MEAL #ONE

Chicken Jambalaya
Served with
Latin Salad & Nachos

50% Plant Based Cottage Pie
Served with Seasonal
Vegetables or Beans

Roast Pork Served with
Roast Potatoes, Seasonal
Vegetables & Gravy

Piri Piri Chicken Strips
Khobez Wrap, Salads &
Sauces

Breaded Fishcake
Served with Chips, Peas or
Beans & Tartare Sauce

MAIN MEAL #TWO

Ramirez Wrap

Chickpea & Vegetable Hot Pot

Cous Cous Stuffed
Peppers with Tomato
Sauce

Falafel & Hummus
Khobez Wrap

Mexican Vegetable Burrito

HANDHELD In The Pod

Authentic Pizza Slice

Authentic Pizza Slice

Authentic Pizza Slice

Authentic Pizza Slice

Authentic Pizza Slice

BOWLED OVER In The Pitstop

Greek Pastitsio

Noodle Street

Mac 'n' Cheese

Red Thai Chicken Curry

Sausage & Chips

DESSERTS

Chocolate Brownie
with Custard

Cherry Pancakes

Bread & Butter Pudding

Apple Crumble

Oaty Flapjack

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feeding the imagination

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JACKET STATION

Sweet potatoes and
Jacket potatoes
with various fillings
on offer including;
cheddar cheese, baked
beans and tuna with
mayonnaise

Bowled Over

Pasta / rice / noodles served
daily with different toppings!

**meal
deals** £2.50

VEGAN OPTIONS
AVAILABLE
DAILY!

THE
ROOTED
KITCHEN